



# PARRAMATTA RACE SERIES RACE 1

2km

5km

10km

Half

## Event Program

March 2025

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# Welcome to Race Hub Australia!

At Race Hub Australia, our passion lies in contributing to the ever-growing running culture across Australia through accessible and enjoyable racing events for runners and walkers.

Offering a number of 10km, 5km and 2km races, we create diverse events that support every participant's running journey. Whether you're seeking a new challenge or a beginner entering their first race, we can guarantee there's a race for you at Race Hub Australia.

## Parramatta Race Series

Taking in the beautiful surroundings of the Parramatta Valley Cycleway between George Kendall Riverside Park and Western Sydney University, choose from a Half, 10km, 5km or 2km (Family Dash) distance. All courses are flat and run adjacent to the Parramatta River – making it the perfect course for a personal best or marking the first race for beginners.

## The Team



**Jack Green**  
Founder & Director



**Caitlin Cunningham**  
Operations & Administration

FOLLOW US ON SOCIAL MEDIA



# How We Race

Race	Start Time	Cut off
Half	8:15am	12:15pm (4 hours)
10K	8:30am	12:15pm
5K	8:40am	12:15pm
2K	10:00am	12:15pm

Please ensure you get to the event village with at least 30 minutes before your race time if you had your bib posted, and at least 60 minutes before your race time if you need to pick it up on race day. Note that we will aim to close bib pick up 15 mins prior to the start of each race.

Due to the large numbers in the half marathon and 10km race will start in waves. When your estimated finish time is called out by the MC, please make your way to the start line.

There will be plenty of marshals and signage throughout the course. The course is on sealed paths and closed roads with only a short section at the start being on grass. Please note, if there has been rain throughout the previous week, part of the course could become muddy.

The course will be marked with arrows, signs, and colored tape. Be cautious at junctions serving different race distances, to follow the correct course.

## 2k Family Dash

We recommend that all children under the age of 11, run with a parent. However, if you do not deem this necessary, parents will be given the number from the children's bib to ensure all children are accounted for after the race.

# Race Pack Collection Registration & transfers

## Race Bibs

If you have chosen to have your bib posted, these were sent out Monday 17th March. If the bib does not arrive by race day, there will be spares in the event village which you can pick up on the morning of the race.

Once received, you do not need to do anything on race morning. Just turn up and run!

Those who need to collect their bib on the day, registration desk will be open from 7:00am on race day. Our tent will be located in the Event Village.



Make sure you attach your bib to front of your shirt and ensure it is clearly visible. A chip is attached to the back of your bib, which means your time starts when you cross the start line - not the gun time.

## Transfers

You can transfer to a new race distance or transfer to a friend up to 3 days before race day by logging into your Race Roster account and clicking 'transfer'. T&Cs apply.

## On The Day

On arrival, make your way to the new area of George Kendall Riverside Park at the end of Spofforth or Trumper Street. There will be signs in all car parks directing you to the event village.

Our team will be in the registration tent from 7am.



Please ensure you get to the event village with at least 30 minutes before your race time if you had your bib posted, and at least 60 minutes before your race time if you need to pick it up on race day. Note that we will aim to close bib pick up 15 mins prior to the start of each race.



**TEAM BROS**  
FITNESS CLUB

Proudly Presenting the Parramatta Race Series

# Amenities & Facilities

## Bag Drop

We recommend if driving, to lock your belongings in your car.

If you have arrived by any other form of transport, there will be a general bag drop available in the event village next to the registration desks. You will have a bag drop token attached to your bib so we will be able to see what bag is associated with you.

## Toilets

The toilet block is located to the north of the event village and additional portaloos will be provided near the event village.

## Food & Drink

There will be a coffee truck located in the carpark for race day.



**BL**  
Benefit Legal  
LAWYERS

Proud Sponsor  
of the Parramatta Race 1 10k

## Water & Aid Stations

There will be aid stations available on the Half, 5km and 10km races. In the Half Marathon, stations will be available at the 2k, 8k, 13k and 19k. For the 10k, stations will be available at the 2km and 8km points. Stations will be available at the 2km and 3km points of the 5km race.

Aid stations will be lead by our volunteers who will be making sure you can rehydrate yourself with water and electrolytes from Tailwind Nutrition before finishing strongly.

Please be mindful of disregarding cups on the course. Please try and place the cups in the bins just after the aid stations.



## Event Village



Our team will be in the registration tent. All staff and volunteers will be wearing high viz so you can reach out to anyone if you need assistance.



# How To Get There

By car – limited parking will be available at the car parks off Spofforth st, Trumble Street and Broadoaks Street. If the car parks are full, please park on the surrounding residential streets.

Please car share with fellow competitors where possible.

By public transport – the 524 bus travels down Boronia Street which is only a 5 minute walk to the park. 501, 525, 544 buses all stop within a 15 minute walk of the park.

## ADDRESS

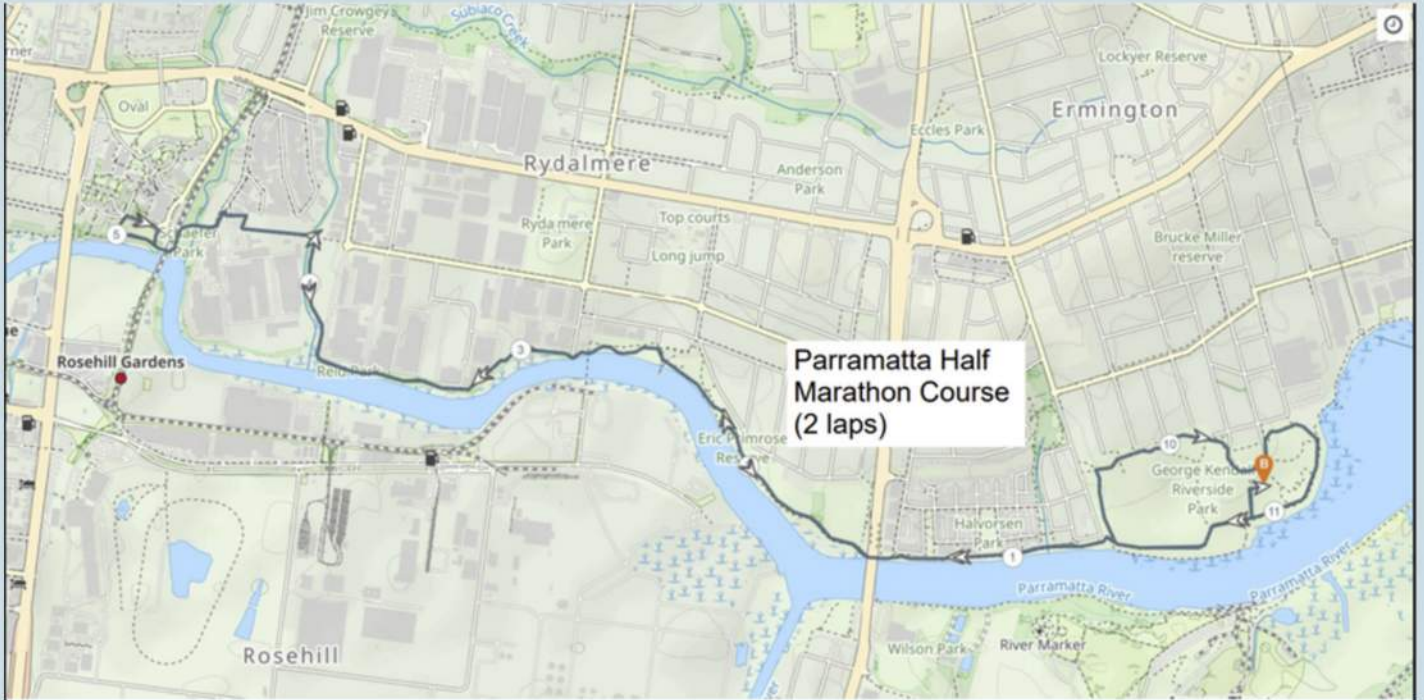
**George Kendall  
Riverside Park  
38 Spofforth St,  
Ermington NSW 2115**



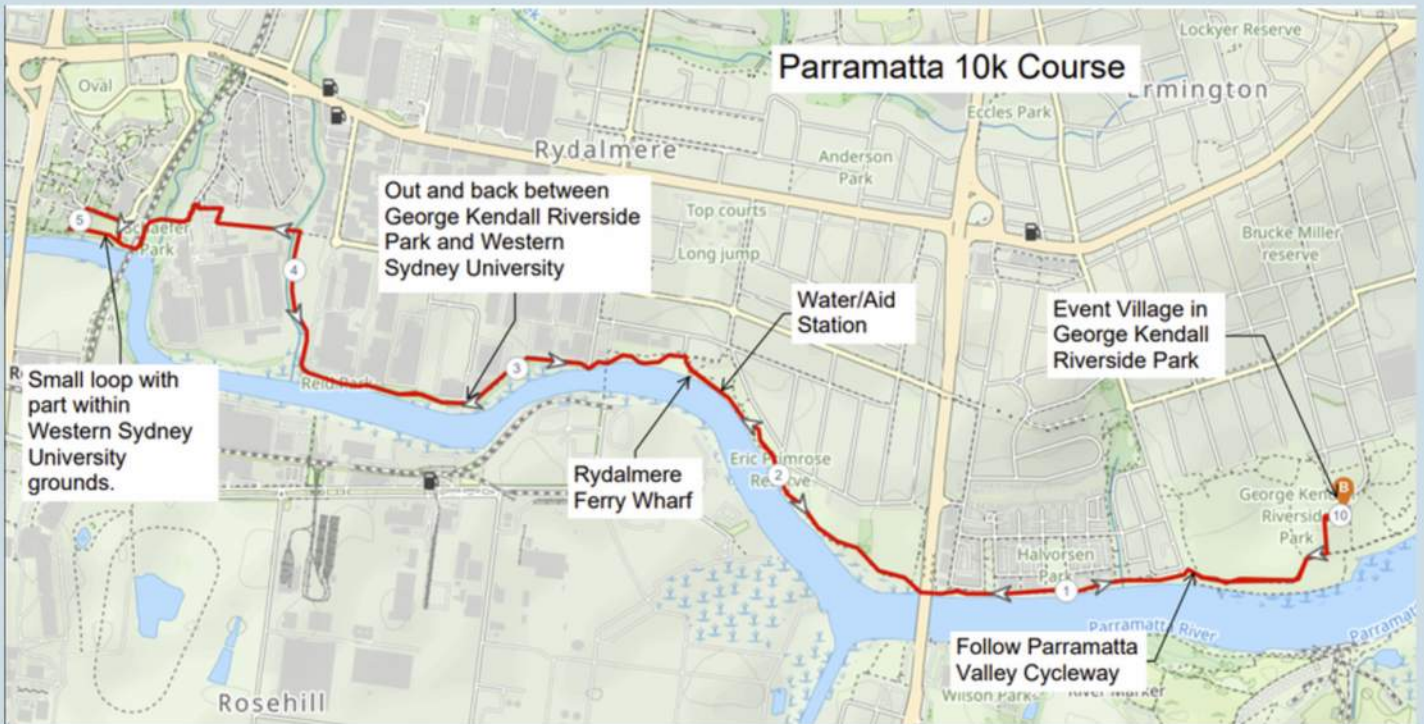
# Course Maps

## HALF MARATHON

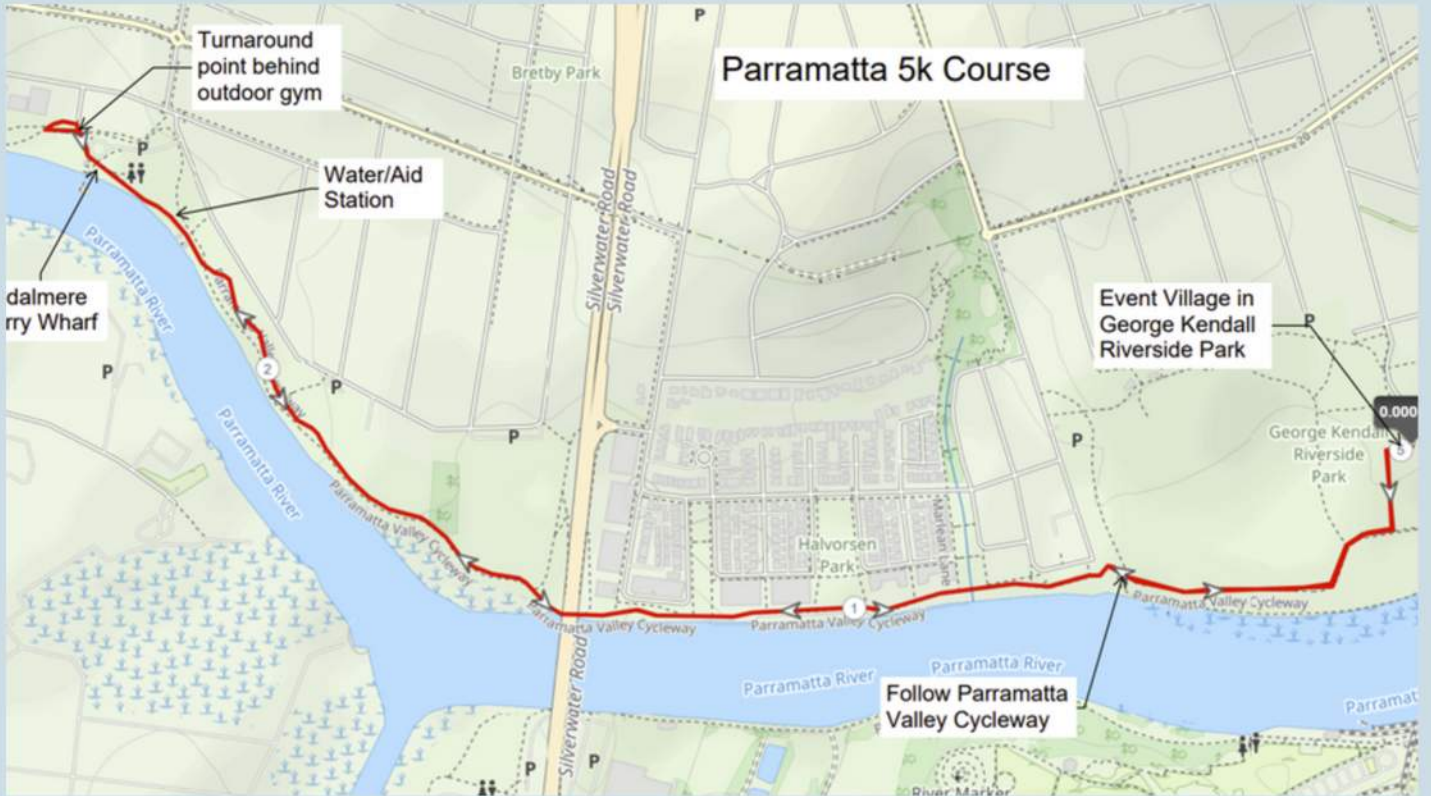
(2 LAPS OF 10K ROUTE)



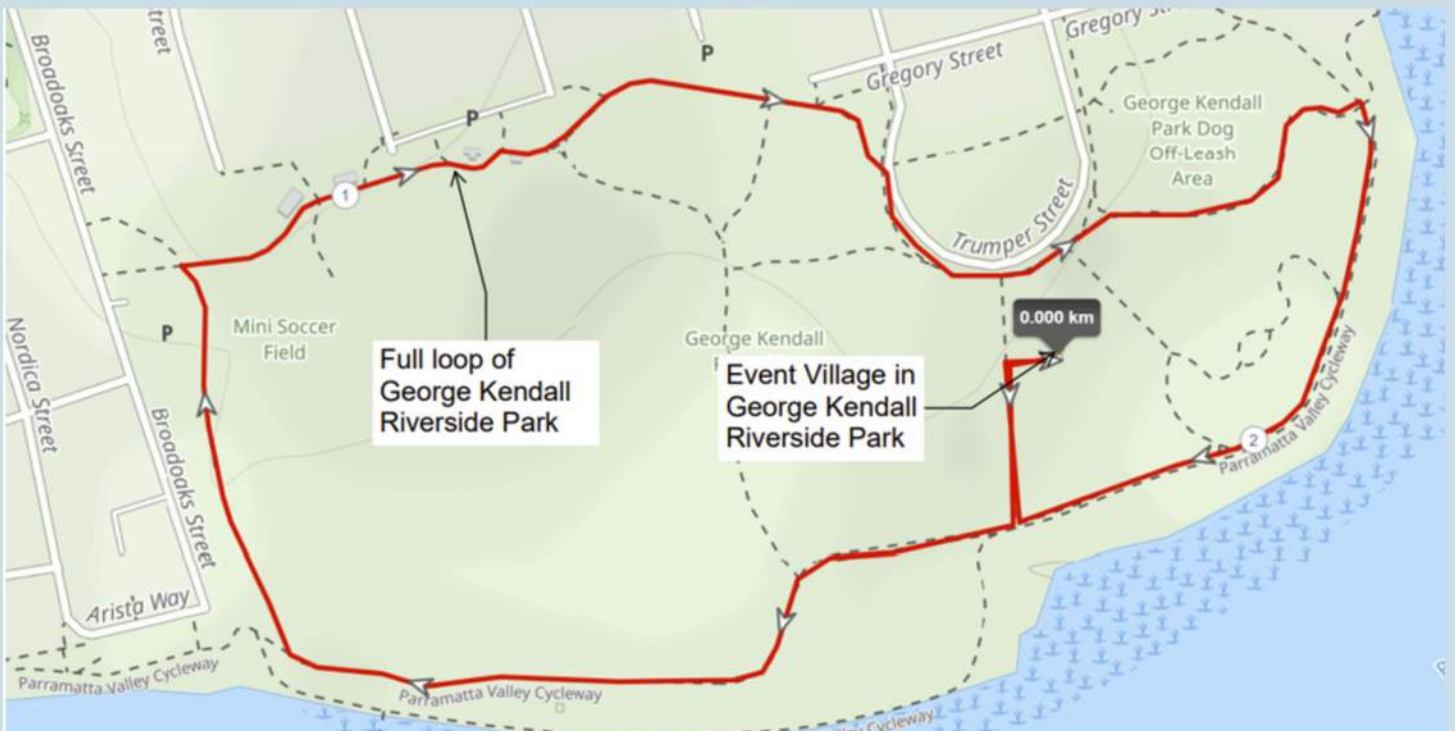
## 10KM



# 5KM



# 2KM



Tailwind Nutrition Endurance fuel gives you an easy-to-use, complete nutrition to fuel your training and your race! Tailwind comes in 8 mild flavor's (including 4 caffeinated) and when mixed with water, it provides you with all your calories, electrolytes, and hydration. Supplied at our water stations!



## Merchandise

Official Race Hub Australia merchandise will be on sale at the Registration tent in the event village.

Card only.

## Individual Prizes

There will be prizes awarded to 1st, 2nd, and 3rd male and female participants for all races

## Results

Results will be posted on our website as soon as you have crossed the line!

[www.racehubaustralia.com/results](http://www.racehubaustralia.com/results)

## Volunteers

Thank you to our amazing volunteers who help out on race day and make the event so special. Without them, this event would not be possible. If you know anyone who would like to volunteer, please drop us a message. It is a great way to connect, make some friends and have some fun.





**ESTEEM**  
CONSTRUCTIONS

## Photos

Photos will be taken by our photographers on the ground and will be uploaded to GeoSnapShot on the day of the event.



**Thanks to our Media Sponsor Esteem Constructions your photos are free!**

**Check their tent out on race day!**

# Race Rules

- ✓ Follow course signs & marshals
- ✓ Make sure your race bib is attached on the front of your t shirt and is always visible
- ✓ Listen to announcement's carefully at all times
- ✓ Prams are allowed but must start at the back.\*\*
- ✓ Please review out T&Cs on our website
- ✓ Please dipose of rubbish in bins provided
- ✓ If you see an injured racer, please alert closest volunteer
- ✗ Dogs are not permitted on the course
- ✗ No outside assistance from cyclists or vehicles

## On Course Safety

- Please note you will be running on public paths open to other traffic. Event officials will be present to assist at junctions, but it is still your responsibility to lookout for any pedestrians or cyclists.
- Stick to the left-hand side of roads and paths in public areas unless directed by marshals or event signage.
- Please obey all event, road and directional signage and stick to the marked course at all times.
- Athletics Australia recommends that the minimum age for a 5k is 12 years old and the minimum age for a 10k is 16 years old.
- Cooperate with event officials at all times. The race directors decision is final.
- The organisers reserve the right to alter without notice any of the Race Rules which govern the event.
- We'd strongly advise against wearing headphones, so that you can hear any other pedestrians or cyclists and can listen to marshal instructions.

## Insurance & Disclaimer

Race Hub Australia have Public Liability Insurance. This does not include personal accident insurance. You may wish to take out your own personal accident and ambulance insurance cover for the event. Your private health insurance policy may include this, but you will need to check with your insurer



# FRACTEL

PREMIUM PERFORMANCE  
HEADWEAR

